

Leadership Dispensary

Many assume leadership growth means more courses



But research¹ shows otherwise. The PLDS uses the proven **70:20:10 model** to focus development where it truly matters.

¹Duberman T. Developing physician leaders today using the 70/20/10 rule. Physician Exec. 2011;37(5):66-68.

Find a Learning Ally

Meet 30 minutes monthly. This isn’t about formal mentoring but about mutual accountability and shared growth using the 70:20:10 model.

DO 70%

Lead a project, chair a meeting, try something new that stretches your leadership muscles.

LEARN 10%

Read, take a course, attend a workshop. Formal learning should supplement, not dominate.

CONNECT 20%

Seek feedback from others, find a mentor, or engage with peers who challenge your thinking and accelerate your development.

At your monthly check-in:

“What leadership challenge are you facing?”

“What’s your plan for next month?”

“What got done?
What got in the way?”

The goal isn’t perfection – it’s **consistent progress** through real-world application using the right formula.



Learn about 70:20:10 model (p.22)



Check out past issues on PLDS Webpage



Complete this quiz to claim CPE points

Look out for **ISSUE 06** of our series on achieving your professional goals!